



July 2012

## District #1 2012-2013 Officers

President  
Anthony Aubry

Vice President  
Travis Johnson

Secretary  
Shaneeeka Harrison

Treasurer  
Che'Vun Lane

Educational Provider  
Ora Kelley

CEB Representative  
Nan Hucker

District Representative  
Gwendolyn Cotton

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## CREDENTIALING STANDARDS AFFECTING THE DISCIPLINE ADDICTION COUNSELING

### News Summary

Harvey, LA, 04.09.2012

There is an undercurrent happening to the discipline of addiction counseling in Louisiana. The field has a specific scope of practice within addiction treatment, and if a movement is not originated the LAC will not exist as a meaningful credential. LASACT must take action to move the licensing credential with higher standards.

It is believed that education makes the difference, with no requirement of addiction specific courses.

Individuals in possession of the addiction counselor credentials have demonstrated competency in addiction through testing after completion of rigorous educational components, internship and training in addiction specific hours.

Another overhaul of the credentialing standards is necessary to put meaning behind the letters LAC, CAC, RAC, and CIT. As the organization moves in this direction, requesting that psychotherapy, assessment and diagnosis be assured to Licensed Addiction Counselors.

It is the duty of the ADRA and LASACT Certification Examining Board to protect the public thus the field of addiction today must live up to what is expected of the Board..

Anthony Lowery, LAC



## PROFESSIONAL DEVELOPMENT WORKSHOPS

Harvey, LA

02.25.2012

**Anthony Lowery, LAC**

Mr. Anthony Lowery, former President of LASACT presented on Treatment Planning with an emphasis on report preparation, integrating relevant records with available information to facilitate the continuum of care, Charting pertinent ongoing information pertaining to the client and Utilizing relevant information from written documents for client care.

03.31.2012

**Ronald Fletcher, LCSW**

Synthetic Drugs in America  
Mr. Ronald Fletcher presented on Synthetic Drugs in America. Using an approach that defines the "derivative" drugs in use today, Mr. Fletcher ex-

pounded on concepts of use, abuse and dependence according to current Co-Occurring theory and practice.

04.28.2012

**Franklin Polk, J.D., M.Ed.,**

LAC. Effective Group Therapy  
Mr. Franklin Polk, a long-time LASACT and NOAPA member presented on Effective Group Therapy. Group therapy is presented as an essential element of substance abuse and addiction treatment. It is a crucial component of any treatment regimen and remains a staple of substance abuse and addiction treatment. An advantage of group therapy includes mutual identification with and acceptance from others going through similar problems as they learn they are not alone or unique as they struggle with their compulsive use

of substances.

5.26.2012

**Danita Muse, LCSW, LAC**

Harm Reduction and Traditional Treatment. Danita Muse, LCSW, LAC CCDP-D, CCS discussed the approach on how to assess an individual's readiness to act on a new healthier behavior, and provides strategies, or processes of change to guide the individual through the stages of change to Action and Maintenance..





**“Objectives,  
proposals  
and  
Procedures  
for direction  
are  
welcome..”**

“It is the mission of NoAPA to provide quality services to meet the educational need of all Addiction Professionals through: networking and public awareness, motivational speakers, discussion groups, continuing education, and leadership in education without limitations.”

## Association Officers for 2012-2013

### Bios in Brief

**President:** Mr. M. Anthony Aubry, LMSW, LAC CCDP-D earned a B.S. degree in the life sciences from Oklahoma State University, and an MSW from Southern University at New Orleans. Mr. Aubry's expertise is in Human Services Administration and Applied Direct Services. His practice serves the Children, Youth and Families of the Greater New Orleans Region in co-occurring disorders care and management. Mr. Aubry is a past Board Member of DELF – Daily Education and Living & in Freedom, a community program strengthening the preservation of New Orleans. DELF serves as a liaison for referrals to such agencies as public social services offices and the criminal justice system. Currently he is a Board Member of Accomplished Learning Services, an Educational Interest Organization located in Shreveport, LA

**Vice president:** Travis Johnson Sr, LPC, LAC has worked in the field of Addictions Counseling for over 15 years working with at-risk youth in the juvenile justice system. Currently, he provides clinical/mental health/substance abuse therapy to adolescents and also teaches Substance Abuse counseling at Southern University at New Orleans. He earned an MA, Mental Health Counseling; Xavier University 2007, a BS Business Management; Southern University, Baton Rouge in 1983 and an Associates of Arts, Substance Abuse Counseling; Southern University, New Orleans in 1979. He is proprietor of T. Johnson & Associates, LLC; Private Practice in Counseling, Owner/Clinical Director.

**Secretary:** Shaneeka Harrison, MS, LAC, CCGC, CCDP-D, AADC has 7 years of Addictive Disorder experience. She earned her Master's in Psychology at University of Phoenix, and her undergraduate Bachelor of Science in Rehabilitation Counseling and Disability Services from Southern University A&M College in Baton Rouge, LA. She is active in the National Coalition of 100 Black Women, Inc., The Louisiana Association for Substance Abuse Counselors and Trainers, Inc. and the New Orleans Addiction Professional Association, Inc. Shaneeka is currently the Patient Liaison at New Orleans Narcotic Treatment Clinic in Gretna, LA.

**Treasurer:** Che'Vun Lane a CAC, CCGC, and CCDP-D. earned a Bachelor of Science in Psychology from Xavier University of Louisiana and is in the final year of the University of Phoenix Master's Degree program in Psychology. Ms. Lane is a member of the Greater New Orleans Chapter of the National Coalition of 100 Black Women that advocates and seeks to empower women of color. Ms. Lane is the former Secretary of SACO District One spending her additional time volunteering with the coalition at community events promoting leadership, health, and mentoring. Che'Vun is currently employed by the NHS Human Services in the Jefferson Parish Wrap-Around Area.

**Educational Provider:** Ora Kelley, LCSW, BACS is currently employed at Southeast Hospital with experiences in Addiction, Medical, School, Child and Family Services social work performing clinical and Administrative duties. She earned a BA in Psychology with a minor in Substance Abuse from Southern University at New Orleans in 1974, an MSW from Tulane University School of Social Work in 1980. Ms. Kelly is a member, of NASW, LASACT and NoAPA. She is a member of Delta Sigma Theta Public Service Sorority, Inc.

**CEB Representative:** Nan Hucker, MPS, LAC, CCS is Program Director for Outpatient Services at Odyssey House Louisiana, Inc. Counseling in the Addictive Disorders field for over 20 years, Nan has worked at Grace House, JPHSA and Jefferson Parish Drug Court. Nan earned a bachelor's in Psychology from The Union Institute in Cincinnati, OH, a Masters in Pastoral Studies (Care & Counseling) from Loyola and Obtained an LAC and a CCS through the Louisiana-ADRA. She also has taught Philosophy and Social Ethics at Delgado Community College.

**District Representative-** Gwendolyn Cotton is an ordained clergyman, Licensed Belief Therapist, Crisis Re-Entry Counselor, HIV Counselor and a Certified Addiction Counselor. Rev. Cotton led the first Addiction Education and Christian Counseling for the Ministerial Enrichment Classes at the New Home Full Gospel Ministries New Orleans, Louisiana. Developing a true passion for helping hurting people, one of the main focuses of the church is mission's work is feeding and housing the homeless and underprivileged, providing safe places for battered and abused children, and working with addicted persons in renewing the mind by Christian/Pastoral and addiction services. Rev. Cotton opened her own ministry Revealing Word Evangelist Outreach Ministries of Metairie, Louisiana as well as the Revealing Word Counseling Center. [www.RevealingWordMinistries.net](http://www.RevealingWordMinistries.net)

## Community News

*Travis Johnson with SUNO Substance Abuse students 2011-2012 School year*

*Members are encouraged to join and participate in the NOAPA...*



**“Humility is not thinking less of yourself, It is thinking of yourself less.”**  
**AA Slogan**

## Treatment Works

### “A Twelve Step Program”

A Twelve-Step Program is a set of guiding principles (accepted by members as “spiritual principles,” based on the approved literature) outlining a course of action for recovery from addiction, compulsion, or other behavioral problems.

Originally proposed by Alcoholics Anonymous (AA) as a method of recovery from alcoholism, the Twelve Steps were first published in the book *Alcoholics Anonymous: The Story of How More Than One Hundred Men have Recovered from Alcoholism* in

1939. The method was then adapted and became the foundation of other twelve step programs. As summarized by the American Psychological Association, the process involves the following:

Admitting that one cannot control one's addiction or compulsion;

Recognizing a higher power that can give strength;

Examining past errors with the help of a sponsor (experienced member);

Making amends for these errors;

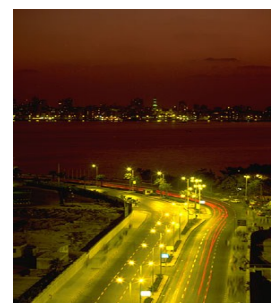
Learning to live a new life with a new code of behavior;

Helping others who suffer from the same addictions or compulsions.

Recovery is sought in several areas: physical, mental, emotional, and spiritual.

Alcoholics Anonymous (June 2001).  
Alcoholics Anonymous (4th ed.).  
Alcoholics Anonymous World Services.  
Francis Hartigan *Bill W* P.205-208

**“Treatment Works”**



**NoAPA**

**comprises District 1 Orleans, St. Tammany, Washington, Jefferson, St. Bernard and Plaquemines Parishes.**

## New Orleans Addiction Professional Association News

**Founded in 2011**

### EDITORIAL STAFF:

M. Anthony Aubry  
Trichell M. Dumas  
Travis Johnson

## District 1

### Upcoming Events

First Annual Walk 4 Recovery  
Join NOAPA as we join together with Action Against Addiction for the first annual Walk 4 Recovery scheduled for August 25, 2012 @ 8:00am in Audubon Park. This inaugural event will raise awareness of critical prevention services, treatment options and recovery efforts here in the Greater New Orleans area, while celebrating the hard-fought recovery victory of some of the best and brightest in our community. For more information, please contact Terri Smith, Executive Director of Prevention Services at 504.780.2766 ext. 118, or [terri.smith@arrno.org](mailto:terri.smith@arrno.org). NOAPA will be offering community service CEUs for those volunteering for the event.

### Bowling Fundraiser....

“Pinning for Recovery” will be a fun and exciting event!!!! The fundraiser will rely on 10 NOAPA members who will commit to forming a team of 6 bowlers.

The team captain will be responsible for collecting funds and submitting them to the treasurer.

The deadline is October 27, 2012.

Each team can be made of clinicians, friends, family, associates, etc. How the team captain structures their team is solely up to the team captain.

The bowling fundraiser will take place on November 17, 2012 from 7 - 9:30p @ Rock N Bowl.

Team fees will include shoe rental, 2.5 hours of bowling, food, and beverages.

## New Orleans Addiction Professional Association District 1

For more information about the  
organization  
contact

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We're on the Web!  
[noapadistrict1.com](http://noapadistrict1.com)

## ADVERTISEMENTS

### Leaders Education/Counseling, LLC

Specializing in Addiction Services  
for Adults and Adolescents  
3801 Canal Street Suite 202  
New Orleans, LA 70117  
504-812-0635  
Contact Anthony Lowery

### T. Johnson & Associates, LLC

A Private Practice in Counseling  
5200 Lapalco BL, Suite 2  
Harvey, LA 70058  
504-265-8115  
Contact Travis Johnson

### LASACT

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Baton Rouge, LA 70898-0235  
Phone: 225-766-2992  
e-mail: [admin@lasact.org](mailto:admin@lasact.org)

### LASACT 2012

July 29—August 1, 2012  
Paragon Casino Resort  
Marksville, LA

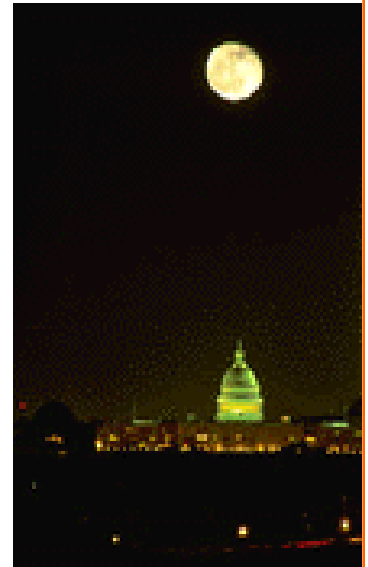
### Paul Schoen, LAC, CCGC

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Your AD Here!

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