



New Orleans Addiction Professional Association News

Harvest Time Fall 2016 7th Annual Workshop

Volume 6, Issue 1

District #1

January 2017

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"Addiction: Education and Treatment"

News Summary

Harvey, LA, 10.29.2016

NOAPA Supports the Addiction Professionals Community.

The District 1 Educational Institute hosted the 7th Annual professional development workshop for Addiction and Prevention Professionals titled

"Eight Essentials of Recovery".

Addiction professionals and students were able to engage in and interact with the presenter leaving the workshop with a basic overview of the following:

Education and Treatment - a working definition of chemical

dependency and addiction.

Addiction: nature and character providing an understanding how addiction affects the total person.

Dr. Kenneth Foy, Sr. engaged the participants with

- 1) Twelve Step program and abstinence
- 2) Mentoring and sponsorship and
- 3) Lifestyle

Spirituality is an essential element in recovery with the Big book and daily medication with reflection.



FALL HARVEST& PROFESSIONAL DEVELOPMENT WORKSHOPS

Harvey, LA 10.29.2016

Dr. Foy also spoke on building a life of Structure including getting proper rest, a healthy diet, regular exercise, careful planning and the daily inventory. The data was presented in an interactive format that gave the participant an understanding of knowledge and tools to utilize in their respective practice..

The session also focused on exploring findings that support obtaining a sponsor to support the commitment and the use of the objective tools to identify targets for behavioral change such as the environment, time management and so forth. Dr. Foy then highlighted the basics of a healthy support system that includes practice

to reinforce the concepts and importance of engaging family, friends, church, employment, Sponsor, attending meetings and leisure time structure.

The speaker discussed how success in Substance Abuse treatment begins with an understanding of the clients' willingness to change as change is imperative for recovery.

The user must commit to the process of changing his/her thinking if recovery is to be absolute. A discussion of these principles strengthened the participant's knowledge and understanding of Addiction education and treatment.

The session concluded by an explanation that a changed behavior is the result of changed thinking.

Harvey, LA 12.14.2016

Travis Johnson, LAC presented on the counseling of mandated clients.

The critical nature of addiction professional in the correctional environment were reviewed and discussed.

The strengths and weaknesses of treatment concerns while counseling mandated clients are contrasted and compared to the model of alcoholism and drug abuse.

Several dilemmas are discussed
1) helping someone who chooses not to be helped
2) helping someone who is not motivated to change and
3) how to help someone who has a totally different set of values from yourself.

Harvest Time Fall 2016 7th Annual Workshop

Saturday, October 29, 2016



"That's our new mission statement."

**"Objectives,
proposals,
and
Procedures
for direction
are
welcome.."**

"It is the *mission* of the *New Orleans Addiction Professional Association* to provide quality services to meet the educational need of all *Addiction Professionals* through: networking, public awareness, motivational speakers, discussion groups, continuing education, and leadership in education without limitations."



Community News

Faces and Voices of Recovery
www.facesandvoicesofrecovery.org

Sober 24
Www.sober24.com

Alcohol Screening
www.alcohol screening.org

Drugscreening.org
www.drug screening.org

RethinkingDrinking.niaaa.nih.gov

Nida-Need resources for medical
and health professionals

SAMSHA sponsored Buprenorphine
Physician clinical support system.

Smart Recovery
www.smartrecovery.org
Alcoholics Anonymous
www.aa.org

Narcotics Anonymous
www.na.org

The Addiction project (by
HBO)
www.hbo.com/addiction/

National Association for Chil-
dren of Alcoholics
www.nacoa.org

Oxford House, Inc.
www.oxfordhouse.org

Nar-Anon/Narateen

www.naranon.com

Teen Challenge International
www.teenchallenge.com
Al-Anon/Alateen
www.al-anon.alateen.org

Association of Recovery
Schools
www.recoveryschools.org

Adult Children of Alcoholics
www.adultchildren.org

For information on addictions
contact NOAPA.

New Orleans Addiction Professional
Association, Inc. District 1
Post Office Box 116
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**“Humility is
not thinking
less of
yourself, It is
thinking of
yourself
less.”
AA Slogan**

Treatment Works-- Treatment and Recovery

Anthony Lowery, NOAPA presi-
dent 2016-2017 continually
speaks for the mission:

“It is an honor as we all know, we
are living and working in what
may be called pressing times for
Addiction Professionals through-
out Louisiana.

It is a time when we all need to
work together, to show a united
front, and to build our strength
with numbers.

This is why goals for this term are
to unite and reconnect all of the
eight SACO Districts (District 1
NOAPA) and LASACT in order
to maintain a strong front that is
necessary to keep our profession
alive. We can only make a differ-
ence with numbers. No one pays
attention to small numbers.

But believe me - when big num-

bers speak, people listen, and
action does take place.”

With that message said, a posi-
tive, productive and effective
impact goes a long way in
these tough times.

**The time is now if we are to
make a difference!!!!**

Your fellow Addictive Disor-
der professional

Anthony Lowery
NOAPA President 2016-2017

Adapted Serenity Prayer

Grant me the Serenity to accept
the people I cannot change,

The courage to change the per-
son I can,

...And the wisdom to know that is
ME!

.....Recovery

SAMHSA defines recovery from
alcohol and drug problems as “a
process of change through which
an individual achieves abstinence
and improved health, wellness,
and quality of life.”

Produced by the Northeast ATTC, NAADAC,
Central East ATTC, and the ATTC National
Office.
Funded in part by a grant from SAMHSA/CSAT
and a variety of other sponsors.

**“Treatment
Works”**



District 1 comprises

Metropolitan New Orleans
Jefferson, Orleans, St. Bernard &
Plaquemines Parishes

Florida Parishes
Livingston, St. Tammany Tangipahoa
& Washington

River Parishes
St. John, St. Charles & St. James

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District 1

Upcoming Events

New Orleans Addiction Professional Association, Inc.

Educational Presentations

Kirk Collins and Mary Slotzky will be presenting Addiction and Substance Abuse in Prevention to Middle school students. The endeavor started on October 20, 2016 and continues over the course of the academic calendar.

New Orleans Addiction Professional Association, Inc.

January Meeting

Saturday January 31 2017 10:00 a.m.

White Dove Fellowship
3600 Manhattan Boulevard
Harvey, LA 70058

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For more information about NOAPA contact

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The NOAPA Website!

<http://www.noapala.wix.com/noapa>

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Pics or

“Your Idea for a Vision” to publish?

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