



July 2014

District #1 2013-2014 Officers

President
Bernadine Williams

Vice President
Anthony Lowery

Secretary
Shalandra Cavalier

Treasurer
Ambra Sanne

Educational Provider
Undrella Perkins

CEB Representative
Joe Jackson

District Representative
Danita Muse

Inside this issue:

Credentialing Standards	1
Professional Development	1
Mission Statement and Logo	2
Mission	2
Community News	3
Upcoming Events	4
Advertisements	4

Emerging adults most in need of education on anti-anxiety drug misuse

News Summary

June 17, 2014

In just six years, the number of emergency room visits related to non-medical use of the benzodiazepine drug alprazolam (Xanax, Niravam) doubled. While men and women were treated in roughly equal numbers over the time period, the bigger concern is the three-fold increase in such incidents among those ages 25 to 34.

The number of visits among those in the 25 to 34 age group climbed from less than 13,000 in 2005 to nearly 40,000 in 2011. Not only does this population tally the largest number of visits at one-third of the total, but it also accounts for the largest increase in the six-year time period. This group may have the greatest need for

education and intervention.

The Drug Abuse Warning Network (DAWN) that monitors drug-related emergency department visits (ED) found in a recent report that the overall estimated number of ED visits related to misuse of alprazolam increased from 57,419 in 2005 to 124,902 in 2010 then declined slightly to 123,744 in 2011. Although alprazolam can be safe and effective for anxiety, insomnia, depression and panic disorders when used as directed, even short-term misuse can lead to dependence, and the medication has also been shown to be significantly more toxic than other benzodiazepines more toxic than other benzodiazepines at high doses, according to SAMHSA, which produced the DAWN report.

Most ED visits involved misuse of other drugs or alcohol in combination with alprazolam. The benzodiazepine was combined with another drug in 81% of visits, including:

36% involving pain relievers such as oxycodone;

9% involving other benzodiazepines, anti-anxiety or insomnia medications; and

5% involving muscle relaxants.

Measured separately, alcohol was a factor in 20% of the alprazolam cases, while heroin and marijuana were involved in 18%.

Julie Miller

PROFESSIONAL DEVELOPMENT WORKSHOPS

Harvey, LA

4.26.2014

Paul Schoen, LAC

The Culture of Mass Incarceration - Decriminalization of Drugs?

The main topic "Why do we treat a *Public Health Problem* as a *Crime Problem*?"

Incarceration Statistics, How the System Works - Financial Incentive for Privatized Prisons/ Law Enforcement produced statistical evidence of a "stacked deck" effect against those arrested. The War on Drugs Reagan 1982 to fight crime and violence produced few Legal Constraints on Law Enforcement such as Search and seizure, Probable Cause and Profiling were shown in a depiction of Propaganda most notably

(Drugs=Violence=Crime) through a Media Barrage (Criminal Black Man)

A question posed is "Where is War on Drugs Fought?" because conviction is for Life Regardless of Innocence or Severity of "Crime"

The Conclusions:

The population is Saddled with a System Fueled by Monetary Profit that is Exploitative of Those Least Capable of Defending Themselves with a Deck is Stacked. This approach is Unfair, Unjust from Multiple Perspectives and does not even minimally achieve the Stated Goals of Public Protection, Decreased. Crime and Violence (HAS NOT WORKED).

05.31.2014

Cindi Lanza, LCSW, LAC

Family and Addictions; A Tool Kit.

Boundaries, a Spiritual belief system, an ability to identify and express feelings and needs, ask for help and support, meditation/prayer, avoid giving unsolicited advice, avoid triangulation, get exercise, sleep/rest, proper nutrition, make sure you breathe and gratitude are the items in the kit discussed in the forum. The Personal Bill of Rights sums up the applied presentation.

Anyone interested in presenting Educational Development material at the monthly meeting, please contact the Educational provider by email at noapadistrict1@yahoo.com



**“Objectives,
proposals
and
Procedures
for direction
are
welcome..”**

“It is the mission of NoAPA to provide quality services to meet the educational need of all Addiction Professionals through networking and public awareness, motivational speakers, discussion groups, continuing education, and leadership in education without limitations.”

Association Officers for 2014-2015

Bios in Brief

President: Bernadine Williams

Bernadine J. Williams is the Clinical Director at Choices of LA-LaPlace. A licensed professional counselor, licensed addiction counselor, and a certified clinical supervisor Bernadine has been working in the addiction field for over 20 years assisting in developing many addiction counselors and helping them to fulfill the licensure obligation. A past recipient of the CCS of the Year of 2008 she enjoys the realization of counselor work come into fruition. Joining the New Orleans Addiction Professional Association (formerly SACO District 1) when Jay Wiles was the clinical supervisor of many in the region, Jay supervised CIT's at Bridge House in addiction counseling with structure. Stern and good Jay was the penultimate professional.

Currently the President of New Orleans Addiction Professional Association Bernadine says “I am happy to do it and have some large shoes to fill and hopefully God will continue to lead and direct me to do an excellent job for this great organization.” “We are growing and are still looking for members to continue to grow and advocate, educate the community and counselors.”

Vice president: Anthony Lowery

Anthony Lowery is proprietor of **Leaders Education/Counseling, LLC**, an agency specializing in Addiction Services for Adults and Adolescents. Anthony has extensive experience in pathological Gambling and also is an adjunct professor at the Southern University Substance use program teaching, training and developing the future workforce. In private practice he addresses Domestic Violence clients with education and counseling, provides Addiction assessments for the traffic courts and lawyers program and continues to give service to the organization in any capacity requested.

Secretary: Shalandra Cavalier

Shalanda Cavalier is the CEO of W&S Johnson's Environmental and a student in her junior year at Southern University New Orleans. In the substance abuse program, Shalanda is currently studying to be a substance abuse counselor with a drive to help others struggling with addiction. Currently she works with women and their children struggling from the disease of addiction. She is a wife of 16 years to Warfield Johnson Sr. and they have 6 wonderful children three (3) boys and three (3) girls.

Treasurer: Ambra Sonne

Ambra Sanne is the Secretary at Jefferson Parish Planning Advisory Board. Currently she serves as Treasurer of the New Orleans Addiction Professional Association. As a volunteer she has worked as a medical advocate for **Metropolitan Center for Women and Children**. Ambra resides in Jefferson Parish and when not working, enjoys cooking and family time. Ambra is working on her Bachelor's degree in Substance Abuse Counseling and is scheduled to graduate in May 2014.

Educational Provider: Undrella Perkins

Undrella Perkins is the Educational Provider for the New Orleans Addiction Professional Association. Earning a B.A. in Sociology from Dillard University in New Orleans, Undrella has worked in field of substance dependence over thirty (30) years. Undrella has been a member of NOAPA (formerly SACO District 1 since 1989, served as Secretary from 1994 to 1998 and has consistently maintained membership with LASACT and attended all LASACT conferences since 1997. Undrella was the Recipient of Excellence in treatment from CADA (Council on Alcohol and Drug Abuse and Drug Addiction) in 2003.

CEB Representative: Joe Jackson

Joe is the LASACT Certification Examining Board (CEB) elected by NOAOPA. The CEB facilitates credentialing and certification issues and functions under authority granted to it by LASACT carrying out its duties independent of the political structure of LASACT. CEB is affiliated with the International Certification and Reciprocity Consortium (IC&RC), which offers reciprocity to over 70 member Boards.

District Representative– Danita Muse

Danita Muse has resided in New Orleans all of her life. She has worked in behavioral health for over 28 years continuing to advocate for syringe exchange, condom distribution, and harm reduction. Conducting focus groups (cancer prevention, reproductive health, and HIV prevention), street and community outreach (in high crime communities and health fairs), community planning council, and referrals to substance use treatment, Danita has also provided mental health services to the community along with referrals to substance use and mental health services (co-occurring) within the community.

Community News

Faces and Voices of Recovery
www.facesandvoicesofrecovery.org

Sober 24
Www.sober24.com

Alcohol Screening
www.alcohol screening.org

Drugscreening.org
www.drug screening.org

RethinkingDrink-
ing.niaaa.nih.gov

Nida-Need resources for medi-
cal and health professionals

SAMSHA sponsored Buprenor-

phine Physician clinical support
system.

Smart Recovery
www.smartrecovery.org
Alcoholics Anonymous
www.aa.org

Narcotics Anonymous
www.na.org

The Addiction project (by HBO)
www.hbo.com/addiction/

National Association for Chil-
dren of Alcoholics
www.nacoa.org

Oxford House, Inc.
www.oxfordhouse.org

Nar-Anon/Narateen
www.naranon.com

Teen Challenge International
www.teenchallenge.com
Al-Anon/Alateen
www.al-anon.alateen.org

Association of Recovery
Schools
www.recoveryschools.org

Adult Children of Alcoholics
www.adultchildren.org

New Orleans Addiction Professional
Association, Inc. District 1
Post Office Box 116
Harvey, LA 70059

**“Humility is
not
thinking
less of
yourself, It
is thinking
of yourself
less.”
AA Slogan**

Community News Treatment and Education Work

March 6, 2014

by Shannon Brys

Addiction treatment outcomes don't get taken seriously – not by the public, not by other medical professions, and certainly not by insurers. Tom McLellan, chief executive officer of Treatment research Institute, said as far as substance abuse is concerned, “we got it wrong for about 40 years.”

Addiction is typically looked at as “a criminal justice issue” and “a bad habit” while substance use is considered the product of poor morality, bad parenting, poor self-control, etc., explained McLellan, who spoke at the Rosalynn Carter Symposium on Mental Health Policy.

He explained that the treatment process in the addiction field is much like a washing machine in that the sub-

stance abuser gets placed into treatment for 30 days or 12 sessions and then after that, there is an expectation that the patient will have learned his lesson, that he will “get it.” At this point, there is a graduation ceremony.

As mental health and substance abuse services integrate into the rest of healthcare McLellan implored the field to utilize the right model and set sensible measures.

“Evaluation has always occurred as you might evaluate the results of a cast for a broken leg,” he said. “It's always occurred following the completion of care – six months or a year later.” Another thing about evaluation for the field is that it has

never been a clinical activity as it is not reimbursed or considered.

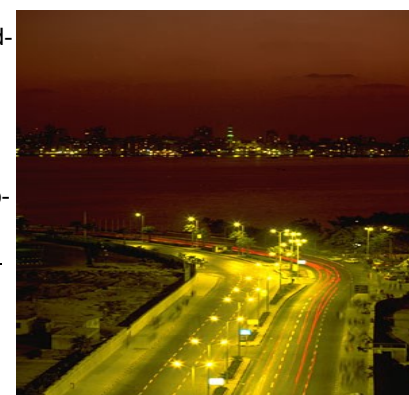
“[Integration] is not a gift to the mental health and substance abuse field. We're not being given something just because it's fair, just because it's our time, or just because there's a Democratic administration. You can't run the rest of healthcare if you don't manage substance use and mental health.”

Behavioral Healthcare Magazine

If any further information is needed, or you would like to place a storyline please feel free to contact

The New Orleans Addiction Professional Association News at
noapadistrict1@yahoo.com

**“Treatment
Works”**



The NOAPA District 1 comprises

Metropolitan New Orleans

Jefferson, Orleans, St. Bernard &
Plaquemines Parishes

Florida Parishes

Livingston, St. Tammany Tangipahoa &
Washington

River Parishes

St. John, St. Charles & St. James

New Orleans Addiction Professional Association News

Founded in 2011

EDITORIAL STAFF:

M. Anthony Aubry

District 1

Upcoming Events

LASACT 2014 New Orleans

• August 3—August 6, 2014 •

Crowne Plaza Hotel
739 Canal St at Bourbon
New Orleans, LA 70130
(504) 962-0500

“Behavioral Health and Trauma”

New Orleans Addiction Professional Association, Inc. is the member host for the event. Check the LASACT website for definitive information for Sponsorship and Advertising or contact the

New Orleans Addiction Professional
Association
District 1

noapadistrict1@yahoo.com

New Orleans Addiction Professional Association District 1

For more information about the organization, to join, to volunteer or to help those in the community from the afflictions of addiction

Contact by email:

noapadistrict1@yahoo.com

Website coming soon!

noapadistrict1@yahoo.com

ADVERTISEMENTS

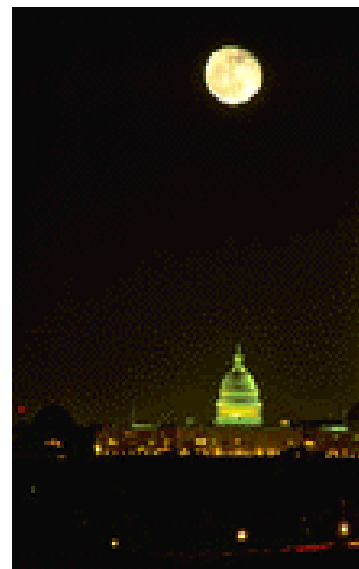


New Orleans Addiction Professionals Association

**Leaders Education/
Counseling, LLC**
Specializing in Addiction Services
for Adults and Adolescents
3801 Canal Street Suite 202
New Orleans, LA 70117
504-812-0635
Contact Anthony Lowery

LA-ADRA
628 N. 4th Street
Baton Rouge, LA. 70802
O (225)342-8941
F (225)342-0441
lauren.lear@la-adra.org
www.la-adra.org

Closed Mondays



Your AD Here!
Join in!

Contact
noapadistrict1@yahoo.com